## CROSS IN MY POCKET



## Materials

7 gauge plastic canvas
Double knitting wool


## Pocket

Using double knitting wool satin stitch parts (a) and (b) starting from a corner and working one half at a time to produce a chevron effect.

Over-sew top of pocket front (b) with contrasting colour and sew (a) and (b) together.


16 squares


9 squares


11 squares

## Cross

Cross stitch and then over-sew edges with a contrasting colour.


The upright of the cross is 13 squares and the cross piece is 8 squares wide

These pocket crosses are used by hospital chaplains when visiting the sick, and sometimes given to friends and relatives of those in hospital. Pink or blue ones may be given at baptisms. Navy and white ones are, naturally, suitable for Sea Cadets or Navy personnel. Khaki and drab olive colours are for the Army whilst Air Force Blue and a paler blue suit the RAF.

White and pale grey are probably suitable for a marriage, but let your imagination run riot and enjoy doing them.
A cross embroidered on the front of the pocket (as on the right) can look quite striking.
Where to get plastic canvas.
Most decent craft shops will stock it, but for sure supplies go to Hobbicraft.
A sheet 10.5 inches by 13.5 will make around 11 complete sets of cross and pocket.
Romey Simpson-Emmanuel Mothers' Union. romey@bandrsimpson.com


